

**NC Medicaid
Division of Health Benefits**

Money Follows the Person Demonstration Project (MFP) Overview

**Diana Baker
Associate Director of MFP**

**Steve Strom
MFP Project Director**

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NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Health Benefits



Objectives

MFP Overview

- What is MFP?
- Who does MFP serve in North Carolina?
- How does the transition process work?
- How does an individual apply?

MFP Team Welcome and Introductions – Dix Based Staff

Steve Strom, MFP Project Director

Oversees the intellectual/developmental disabilities (I/DD) transitions, senior leadership liaison, all things MFP project related

Diana Baker, MFP Associate Director

Oversees the Aging & Physically Disabled (A/PD) transitions, management, coordination and oversight of program's functions

Tara Tyson, MFP Budget and Contracts Manager

Manages budgets and contracts for MFP

Tracy Pakornsawat, MFP Professional Development Coordinator

Manages MFP's core learning and development initiatives

Jenni Edwards, Transition Services Coordinator

Provides administrative support to MFP staff, webinar/technical support, outreach tasks, post-transition activities and other operational functions

Maria Mondragon, Applications Coordinator

Manages the MFP application process from start to finish, supports the MFP team with pre-transition activities and other operational functions



MFP Team Welcome and Introductions – Dix Based Staff cont.

Dicksania Rivas, Data Coordinator

Creates and maintains data collection tools, ensuring data integrity and provides comprehensive analysis and reporting of MFP data

Denise Jackson, Data Specialist

Provides data entry, tracking and reporting for transition funding and activity, provides webinar / technical support and other operational functions

Community Inclusion Consultants

- The Community Inclusion Consultant provides outreach and education to all Skilled Nursing Facilities (SNF) and other Long Term Care organizations in their region at least quarterly using various methods.
- The Community Inclusion Consultant provides training to the SNF staff and other organizations in completing the MFP application as needed and assists with forwarding the application to MFP applications coordinator.

Community Inclusion Consultants

Eastern Region
Shannon Carter- Community Inclusion Specialist
Mid-East Commission Area Agency on Aging

Central Region
Karen Troup-Galley-Community Inclusion Consultant
NC Medicaid

Western Region
Carol Allison-Community Inclusion Specialist
Land of Sky Regional Council

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Land of Sky Regional Council

Applications Coordinator Role

- The Applications Coordinator provides technical assistance to interested beneficiaries and their care teams on participating in MFP.
- The Applications Coordinator supports daily operations of the Money Follows the Person Demonstration Project by ensuring timely application reviews, accurate participant data tracking and providing technical assistance to our statewide network of stakeholders-including Managed Care Organizations (MCOs), SNFs, Centers for Independent Living (CIL), State Developmental Centers, etc.

Statewide Transition Coordination Entity



VAYAHEALTH

Statewide Transition Coordination Entity Goals

- **Consistent practices**
- **Consistent quality of deliverables**
- **Improved communication breakdowns – especially on case transfers**
- **Consistent work styles and expectations**
- **Improved processes – use of credit cards/pCards, requirements to qualify for own programs before working with an MFP participant**

Olmstead Decision

In 1999, the Supreme Court of the US held in Olmstead v. L.C., that under Title II of the ADA, states were required to eliminate unnecessary segregation of persons with disabilities and to ensure that persons with disabilities receive services in the most integrated setting appropriate to their needs. (extracted from ADA.gov)



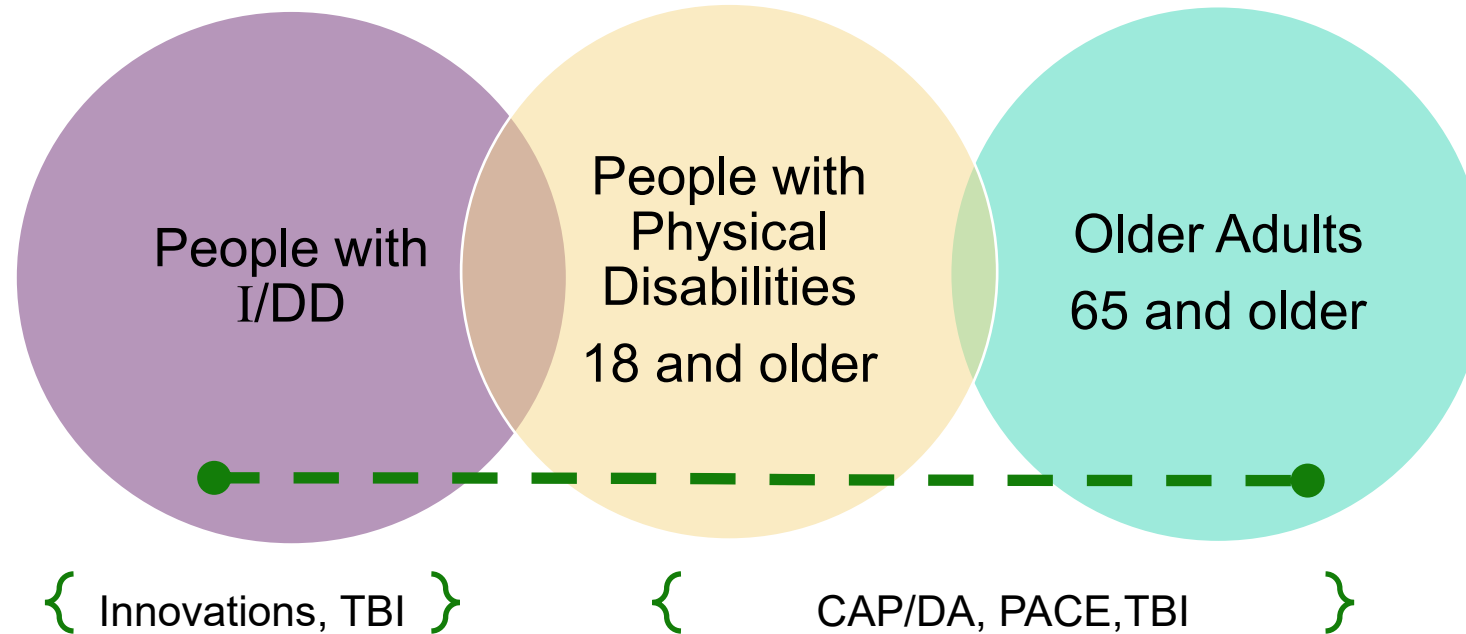
What is MFP?

It is a demonstration grant awarded by Centers for Medicare & Medicaid Services. NC MFP supports qualified Medicaid beneficiaries who choose to transition out of qualified long-term care or inpatient facilities and return to their homes and communities with supports.

Purpose of MFP

Increase	Increase the use of home and community-based services (HCBS).
Eliminate	Eliminate barriers to ensure that Medicaid-eligible individuals receive support for long-term services in the settings of their choice.
Ensure	Ensure that procedures are in place to provide quality assurance and continuous quality improvement eligible individuals receiving Medicaid home and community- based long-term care services (HCBS)

Qualified Individuals



- IDD- Intellectual and Developmental Disabilities (NC Innovations Waiver)
- TBI-Traumatic Brain Injury
- CAP/DA –Community Alternatives Program for Disabled Adults
- PACE-Program for All Inclusive Care for the Elderly

Eligibility for MFP

Reside in qualified facility

- The individual must have been in the qualified facility, or a combination of qualified facilities, for at least 60 consecutive days.
- Medicare Part A Rehab time counts towards the 60-day time period.
- The timeframe may include time spent in acute care settings
- Adult care homes do not qualify

Eligibility Continued...

- Must qualify for long-term care Medicaid
- Must qualify to transition using a home and community-based program (HCBS):
 - Innovations Waiver, or
 - Community Alternatives Program for Disabled Adults Waiver (CAP/DA) (ages 18 and over), or
 - Program for All Inclusive Care for the Elderly (PACE) (ages 55 and over)
 - TBI waiver (limited to Alliance catchment area, pilot program)

MFP Participants must Intend to move into a qualified residence

- A home owned or leased by the individual, or the individual's family member or friend
- An apartment with an individual lease, with lockable access and egress, and includes living, sleeping, bathing and cooking areas over which the individual or the individual's family has domain and control
- A residence in a community-based setting in which no more than four unrelated individuals reside.

****This applies to individuals with intellectual/developmental disabilities in NC**

Benefits of MFP Participation

Priority consideration for waiver slots

Priority access to housing subsidies

Start up funding to assist in transitions. This can include items such as furniture, ramps, therapeutic consultation services, staff training, pantry items etc.

Transition coordination and follow along support

MFP Transition Approach

- Each transition is person-centered and unique.
- Transitions are a combined effort between MFP Transition Coordinators, MFP participants, community supports and facilities.
- Each transition is complex and time frames can vary.
- Transitions typically take a **minimum** of 100 days.



Not everyone will need MFP to transition.

Not everyone transitions.

Setting Realistic Expectations:

- All residents have the right to apply for MFP and other public community programs.
- A participant may disenroll from the program at anytime.
- Approval of an MFP application does NOT guarantee that the participant will transition. There are many factors that may limit someone from transitioning.
- Transitions are complex and time frames can vary.
- The resident must play an active role in the transition process.

Transition Statistics

1950 over the life of the program

- Since 2009 transitions
 - 497– Older Adult
 - 557– Physical Disability
 - 896– I/DD
- 2025: 43 transitions (*)
 - 10– Older Adult
 - 9– Physical Disability
 - 24– I/DD
- Nationally:
 - 41 states and 2 territories (Puerto Rico & American Samoa)
 - >107,128 transitions



How to apply for MFP



Anyone can submit an application (Individual, Social Worker, Relative, Friend, guardian, other)



Applications are available online at:

<https://medicaid.ncdhhs.gov/providers/programs-and-services/long-term-care/money-follows-person>



Contact your Community Inclusion Consultant

Carol Allison (Western)
carola@landofsky.org
Direct 1-828-490-3077

Karen Troup-Galley (Central)
Karen.Troup-Galley@dhhs.nc.gov

Shannon Carter (Eastern)
scarter@mideastcom.org

Important Update: Changes to MFP Application

Key updates include:

- Additional contact preferences and information sections
- Enhanced housing transparency and preference options
- An updated MFP participation consent form
- A Spanish language MFP Application

Please note: The MFP participation consent form will no longer be part of the initial application.

The 2022 version of the application will no longer be accepted starting Jan. 1, 2025.



NC Money Follows the Person Project Application
05/2024 ed.

MFP North Carolina Money Follows the Person Demonstration Project
Application for Participation
May 2024 ed.

Required Information on MFP Applicant:
Please complete the entire MFP Application before submission.

Today's Date		
Applicant's Name (Last)	First	Middle Initial
Social Security Number	Applicant's Date of Birth	Gender M F
Medicaid Number	Medicare Number	Do you need a translator? Yes No
Please check your preferred method of contact: In-Person Cell Phone: Email:		
Has the applicant previously participated in MFP? Yes No Note: Participation in MFP is limited to 3 instances of application approval.		
Date of admission to this facility:	Type of Facility: Skilled Nursing Facility Acute Care Hospital Intermediate Care Facility for People with Intellectual Disabilities Psychiatric Residential Treatment Facility Other (list here):	
Name of Facility	Street Address	
City	State	Zip County
Facility Social Worker/Point of Contact Name	Email	
	Phone	Fax
Was applicant admitted from hospital? Yes No	If Yes, hospital admit date	Hospital discharge date

Submit Application to:

Applications Coordinator: Maria Mondragon

NC Medicaid

Money Follows the Person Demonstration Project (MFP)

Toll Free Phone Number: 1-855-761-9030

Cell: 1- 984-272-5014

Fax: 1- 919-882-1664

Email: maria.mondragon@dhhs.nc.gov



All email correspondence to and from this address is subject to public review under the NC Public Records Law.

DO NOT SEND PERSONAL HEALTH INFORMATION WITHOUT ENCRYPTION

Mail:

ATTN: Money Follows the Person

801 Ruggles Drive, Hoey Building

2501 Mail Service Center

Raleigh, NC 27699-2501



MDS 3.0 Section Q Guidance and Making Local Contact Agency Referrals (Updated Feb. 20, 2024)

Local Contact Agency

The Local Contact Agency is a local community organization responsible for providing community support options counseling to nursing home residents. The Local Contact Agency coordinates these face-to-face conversations with the person residing in the facility, the facility point of contact and as appropriate, family members or other supports after a referral has been made by an SNF

NC LIFTSS LCA Services

- North Carolina Linking Individuals to Long-Term Services and Supports (NC LIFTSS) managed by Acentra Health serves as the LCA, responsible for providing interested nursing facility residents with options counseling for transition from a facility back to the community.
- The LCA coordinates these face-to-face conversations with the person residing in the facility, the facility points of contact and as appropriate, family members or other support after a referral has been made by a skilled nursing facility.
- There are three ways you can make a referral to the LCA for options counseling:
 - Complete the [Options Referral Form](#) and fax it to 1-833-521-2627
 - Complete the [Options Referral Form](#) and email it to NCLIFTSSLCA@kepro.com
 - Call the Acentra Customer Support line at 1-833-522-5429 and select Option 6.

Ideal Applicants

- Individuals with secured housing
- Individuals with strong unpaid supports
- Highly motivated and engaged participants
- PACE or CAP enrolled
- Has full community Medicaid or the ability to meet the monthly deductible

Questions?

